

## Spring 2022 Quarantine and Isolation Guide

The CDC has recently changed the guidance for isolation and quarantine. This guide is based on the CDC's December 2021 recommendations. Instructions for quarantine and isolation are below, based on your vaccination status.

If you have been exposed through close contact but have not tested positive, follow the quarantine instructions.

If you have tested positive for COVID-19, follow the isolation instructions. Managers and employees must contact Student Health Services for further guidance.



### Fully Vaccinated and Boosted OR Fully Vaccinated in the last six months

#### Quarantine Instructions:

None. Wear mask for 10 days after exposure.

Recommendations: Test at day 5. If symptomatic, quarantine until negative result.

#### Isolation Instructions:

If asymptomatic, isolate for the first 5 days. Wear mask around others for the following 5 days.



### Fully Vaccinated more than 6 months ago (more than 2 months for J&J) and No Booster; Partially Vaccinated; OR Unvaccinated

#### Quarantine Instructions:

If asymptomatic, quarantine for 5 days, followed by strict mask use for an additional 5 days. Recommendations: Test at day 5. If symptomatic, quarantine until negative result.

#### Isolation Instructions:

If asymptomatic, isolate for the first 5 days. Wear mask around others for the following 5 days.



### Reminders

Regardless of vaccination status, timely reporting is critical. If you must quarantine or isolate, provide appropriate notice to healthcare providers, professors, supervisors, and Student Health Services.

Some helpful contact information is below:

**Student Health Services:**  
850-599-3777

### Walk-up FAMU Vaccination and Testing Site:

2507 Wahnish Way  
Times: 8 am - 4:30 pm M-Sa