

**Florida A & M University
Office of Human Resources**

HR OPERATING POLICY-PROCEDURE

Procedure No. HR-3012

Subject: The Employee Assistance Program	
Authority: Florida Statutes 110.1091	
Revision(s)	March 2017
Purpose	The Employee Assistance Program, provided by Aetna Resources for Living, is there to help University employees in the strictest confidence with behavioral disorders, medical disorders, or substance abuse problems or who have an emotional difficulty that affects job performance.

1.0 General Information

- A. Florida A&M University has contracted the services of Aetna Resources for Living, an Employee Assistance Program (EAP) provider to make available counseling, therapeutic, or other professional treatment services to assist employees in finding solutions to personal problems that may adversely affect job performance. The program provides confidential information, assessments, advice, and referrals.
- B. The EAP provides access to the services of experienced and professionally trained counselors whose knowledge and expertise span a multiplicity of areas, including but not limited to the following:
 - 1. Child and elder care issues
 - 2. Alcohol/drug abuse
 - 3. Life improvement issues
 - 4. Difficulties in relationships
 - 5. Stress and anxiety issues with work or family
 - 6. Depression
 - 7. Personal achievement
 - 8. Emotional well-being
 - 9. Financial and legal concerns
 - 10. Grief issues

2.0 Eligibility

- A. The services of the EAP are available to all salaried non-OPS employees (Faculty, A&P, including the Executive Service and USPS), and their dependent family members (as defined by the State Health Insurance Program).
- B. The University provides eligible employees and their dependent family members with up to three counseling sessions per problem per fiscal year. The University pays the cost of this service. If further help is needed, the counselors will then give advice on how to obtain this support and they will also advise on the relevant cost.

3.0 Confidentiality

- A.** The EAP offers employees and their dependent family members the highest level of confidentiality, and operates within the privacy scope of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).
- B.** The University is not informed by the EAP of the employees or dependent family members who are using the services. However, statistical data on the number and categories of assistance are provided to the University for use in facilitating the evaluation of the EAP. No specific data pertaining to any individual employee will be made available to the public or the University community.
- C.** Any disclosure of information relative to the use of the EAP services can only be made with the written consent of the employee. However, information may be disclosed under extreme or exceptional circumstances such as, if a child is at risk of serious neglect or abuse, or there is a risk of harm to self or others through harmful or criminal activity.

4.0 Assistance Process

A. Internal Process

The EAP provides a short term intervention service for employee difficulties. Employees experiencing difficulties in the work place or with family can contact the EAP service provider directly through a toll-free number.

B. External Process

If the nature of the difficulty is such that further professional help is considered desirable the EAP provider will refer the employee to an appropriate expert, for example, a psychologist. The expert will work directly with the provider on all referrals.

5.0 Referral Process

A. Informal Referral (Self-Referral)

An informal/self-referral occurs when an employee who is experiencing personal or on-the-job difficulties needs to resolve these matters privately and confidentially without management intervention, s/he contacts the EAP provider directly for confidential consultation.

B. Formal Referral

A formal referral occurs when there is a decline in the employee's job performance and/or behavior as it relates to the fulfillment of assigned job duties and responsibilities.

1. EAP is contacted by the Office of Human Resources to discuss the employee's performance concerns after consultation with the supervisor and/or appropriate managerial authority.

2. The employee is provided with an EAP brochure and the employer specifies the expected changes and expected feedback from the EAP provider.
3. The employee is asked to sign a Release of Information form (ROI) that allows the Office of Human Resources and management to track the employee's scheduled appointments, compliance with instructions and recommendations from the EAP provider.

C. Mandatory Referral

Mandatory referrals are made to the EAP provider by management when an employee is at the time-to-take corrective action or marginal work performance stage; when discipline or termination of the employee is imminent; or when there are mitigating circumstances which management believes that there is an opportunity for the employee to resolve his/her problem. Compliance with such a referral is mandatory and failure to follow through with the EAP referral evaluation, treatment, and service recommendations in full may be the basis for termination of employment.

1. EAP is contacted by the Office of Human Resources to discuss the employee's violation of University policies and regulations and any concerns for the employee's imminent risk to him/herself or others in the workplace.
2. The employee is mandated to attend EAP (The employee's job is at risk if the employee does not follow through with the assessment and recommendations).
3. The employee is provided with an EAP brochure and management specifies the expected changes and feedback from the EAP.
4. The employee is asked to sign a Release of Information form (ROI) that allows the Office of Human Resources and management to track the employee's scheduled appointments, compliance with instructions and recommendations from the EAP provider.

6.0 Contact information

Employee Assistance Program, Aetna Resources for Living
Toll-Free number: 1-800-272-7252
Website: <http://www.mylifevalues.com>

Username: FAMU
Password: FAMU